



Oct—Dec 2008

NLP Learning Systems Corporation

COACH

Advanced Practitioner Certification Training

Don't take this life transforming program unless you are serious about increasing the quality of your life!

October starts the APCT program. One weekend a month for six months you change the fabric of your life by leaps and bounds in ways that tickle and delight your senses!

#1: The first weekend is all about getting to know the parts of you represented by the other students in your class. We begin developing resource states so you have resources to rely on as you change on deeper and deeper levels. This is where you set a solid foundation for your new future!

#2: In November, we delve into the *Meta Model and 7 Categories of Experience*. You'll learn how to uncover the highest quality information in the shortest amount of time with style and elegance.

#3: December is the *Reframe* Weekend, an incredible, powerful personal experience.

#4: Wouldn't you like more money? The Money Weekend is a must! And it's open to the public, so invite your loved ones.

#5: In February we explore *Psychoimmunology and the Future Pace*. So how does your thoughts and emotions influence your health, specifically? Where will **you** be in 5 years?

#6: In March we go to the *Ropes Course* and also take the *Final Exam*.



Your APCT... *come get a hold of your life!*

Weekend 1: "*Foundation*"

October 17-19

Weekend 2: "*The MetaModel & 7 Categories*"

November 21-23

Weekend 3: "*Reframe*"

December 19-21

Weekend 4: "*Submodalities & The Money Weekend!*"

January 16-18

Weekend 5: "*Create a Compelling Future For Yourself*"

February 20-22

Weekend 6:

"Supercharge Your Life"

March 20-22

Each Weekend is

Friday 7pm-10pm

Sat & Sun 10am-6pm

(some Saturday nights)

Location: NLP Center

Investment: \$2995

Per Weekend: \$500

Prepaid discounts available

For the content of each weekend,

Check our website or

Call the office for a free brochure.

972-931-9984

www.nlpLearningSystems.com

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12 Hour Belief Change Workshop



**Are You Ready...
For YOU?**

The 12 Hour Belief Change Workshop is not about teaching NLP. It's about discovering what beliefs are running your life and changing them, if desired. It is a quiet, introspective day in which You meet YOU. The content is yours alone, so you feel safe exploring depths of yourself that you may not have reached before.

Each one of us has that area of our life that doesn't work quite as well as we would like. Some of us limit Prosperity, Love, Health, or Happiness while others limit Kindness, Compassion, Discipline, Courage, etc. According to scientists, we make six major changes in the first few years of life. These choices are then adapted to our "perceived" image of ourselves. Whatever doesn't fit what we "want to see" goes into our unconscious behavior and prevents us from reaching our goals. Have you ever had the experience of saying or doing something you wish you hadn't? This is a glimpse into our unconscious.

The workshop is designed to bring you back along your own life track and discover how and when these choices were installed and then we do the NLP Changework on you necessary to dissolve these blocks in your life. We use these techniques on you, if desired. Student/Trainer ratio is 1:3.

Graduates laugh and tell us **their lives are different** and that for months afterwards they continue to have many powerful insights as a direct result of these experiences. **For the time and money**, this may be the **BEST PROGRAM we offer**.

WHEN: December 5-6, 2008

Friday 7pm-11pm

Saturday 9am-9pm

WHERE: NLP Center

INVESTMENT: \$290.00



Treasure Boards

\$50 New Comers

\$35 current students



From "The Secret"

Join us for a fun filled evening of camaraderie as we find picture representations of our future and organize them for an interesting peek into the unconscious desires of the mind.



TREASURE BOARDS

7:00 p.m.-10p.m. Thursday

October 23, 2008

BE HERE!

BOOK REVIEW

Magic in Practice

Introducing Medical NLP: The Art and Science
of Language in Healing and Health



Dr. Richard Bandler says, "All I can say is: *it's about time!*" Garner Thomson with Dr Khalid Khan have an outstanding text. Easy to read with references to back their claims, this book screams for the medical profession's attention.

Jan says, "Every doctor, nurse, physician's assistant, anybody in the health care field, **AND ALL PEOPLE WHO EVER INTEND TO BE PATIENTS OF THESE PEOPLE** should read this book!"

Wouldn't it be nice if your **doctor actually listened** to you? What if embedded in your own story are the seeds of your healing process? How would the medical field practice differently if they held this question in mind as they see patients: "*what does this person need in order to live a full, healthy and effective life?*"

Would it not be useful if your doctor had valuable "thinking tools" by which [to] clarify complex situations and reduce the risk of making premature or inaccurate decisions"? Wouldn't you like to know what these tools are?

Contact the NLP Bookstore to reserve your copy today!

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The **MasterTrack Certification Training** is about expanding personal models of reality and achieving new levels of success by creating and opening up new possibilities in the spectrum of experience we call "reality." No matter where you are on your journey, by now you can imagine how embracing the new constructive sets of belief opening up for you will be enhanced by now joining the Track to Mastery. This Path is comprised of five individual, independent, intertwined courses.

Investment: \$3,000 or
\$600 per weekend
Location: NLP Center
START: November 7-9, 2008
Fri. 7pm-10pm
Sat./Sun .10am-6pm

Advance **November 7-9, 2008,**

Submodalities and Metaphors!

In this class you will learn to use Submodalities and Metaphors to increase rapport and influence others while simultaneously altering your own views and expanding your choices.

*Diminish limitations and "down time" while you create resources by altering the details (submodalities) of how you react or respond to your past, present and future.

*Shift your point of view to empower yourself and others.

*Limit that experience or increase this focus by deleting distinctions.

*Utilize rapid changes to eliminate blocks then build a compelling future which acts as a powerful attractor.

Metaphors arouse curiosity, stimulate imagination, give full recognition to the problem and develop options toward solutions, deepen rapport, convey covert and overt meanings, speak simultaneously to many levels of human personality and communicate in a manner that reaches the unconscious mind.

Diamonds in Your Mind now qualifies as a part of the **MasterTrack Certification**

Training! *Diamonds in Your Mind* has become such an integral part of our training we're offering it TWICE in this twelve month cycle of classes! **December 27-29, 2008 AND Memorial Weekend, May 23-25, 2009** are the dates to mark your calendars.

This three day intensive differs from the typical MasterTrack format and is over a long weekend (**Saturday, Sunday, Monday**) **from 10am-6pm** each day. And, *for this class only*, FREE REPEATS are available to all graduates and Silva graduates as well.

Delve into the workshop of your mind! Utilize the strengths of your unconscious processes to improve your memory, health and ability to perceive and heal conditions in others.

Enjoy this refreshing and rejuvenating class while training your mind to instantly "go to level" when you choose.

On **February 27-March 1, 2009**, join us for *Ericksonian Language Patterns*.

"Find a comfortable position, take a deep breath and quietly say to yourself, Relax." I know that your conscious mind learns in a variety of ways...I know that sometimes you can...feel confused and not know yet...continue to learn because...your conscious mind is very intelligent and...your unconscious mind also learns in a varieties of different ways so...why not let it do the work. Now, as your body remembers relaxing, allow yourself to wonder about the power of *Ericksonian Language Patterns*. I wonder if you fully realize what could be possible for you to achieve in your personal life, your career, and in your changework on yourself and others... maybe... probably not...yet you will.

Come take a guided tour into your unconscious mind. Expect to emerge this weekend with an intriguing sense of certain satisfaction, and confidence in self. Smooth your voice into a *powerful* tool of comfort and change. See you there improving.

Meta-Programs & Values offered **August 28-30, 2009**. Use the *Meta-programs & Values* deeply impactful filters to assist yourself and others to achieve goals. Values and beliefs determine what limits performance as well as what resolves any conflicts to build your verbal congruency in thought and action. Discover your filters!

Going For It- The Art of Mastery, **November 6-8, 2009**. *The Art of Mastery*- does the name not say it all? Dive into the strategies for irresistible propulsion, genius, quantum leaps, ecstasy in love relationships, values for excellence and many more in this fun and curiously fascinating weekend. These strategies are presented as tools to fine tune your balance as you launch yourself into the next level of your success .

NLP Learning Systems Corporation

Level ONE



PROVE IT! In the Intro to **Level ONE**, one of the things Jan says as she teaches is “*approach this information skeptically.*” The different “channels” of communication exist both internally as well as externally. So that means we can communicate externally through linguistic (words and tones) as well as behavioral (body posture) Visual, Auditory, Kinesthetic and Auditory digital “channels”. Additionally, we can communicate mind to mind on internal Visual, Auditory, Kinesthetic and Auditory digital “channels” of communication. “*I love skeptics! Don’t believe a thing they tell you. Test these concepts. As you try to prove they don’t work, the more you discover they do.*”



Can you find the representational communications(channels) in these quotes? (Answers on back page)

What love means to a 4-8 year old...

“Love is when my Mommy makes coffee for my Daddy and she takes a sip before giving it to him, to make sure the taste is OK.” ~Danny, age 7

“Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other.” ~Karl, age 5

“Love is when Mommy sees Daddy on the toilet and she doesn’t think it’s gross.” ~Mark, age 6

“Love is when your puppy licks your face even after you left him alone all day.” ~Mary Ann, age 4

“Love is when you tell a guy you like his shirt, then he wears it everyday.” ~Noelle, age 7

WHEN: Thursday nights 7pm-10pm

WHERE: NLP Center

INVESTMENT: \$625

FREE REPEAT privileges

“Love is what makes you smile when you’re tired.” ~Terri, age 4

“When someone loves you, the way they say your name is different. You just know that your name is safe in their mouth.” ~Billy, age 4

“When my grandmother got arthritis, she couldn’t bend over and paint her toenails anymore. So my grandfather does it for her all the time, even when his hands got arthritis too. That’s love.” ~Rebecca, age 8

“Love is what’s in the room with you at Christmas if you stop opening presents and listen.” ~Bobby, age 7

Dr Cheryl writes:



Helene works in the office one day a week. Claire, her ten month old daughter, comes in with her. Claire has been having challenges going to sleep- crying. Helene was about to go pick Claire up- I suggested she send Claire a picture of herself sleeping peacefully. Within a couple of minutes we had a “sleeping peacefully” baby.



Early one morning, before the sun embraced the day, I was driving to the park where I walk with my dog every morning approaching a main intersection. The light was a vibrant green and a strong feeling urged me to stop at that green light. Before NLP would I have stopped?

...probably not. Before NLP would I have believed in that guardian angel?....probably not. After the red light runner sped through the intersection in front of me, I said out loud, “thank you, thank you, thank you”.

~Christina (NLP Practitioner)

and Bellini (dog companion)



“I want to thank you, I took NLP **Level ONE** class two weeks ago, and I had been trying to quit smoking for years and after your class I quit. I just did not have the urge to light a cigarette. I can tell you how freeing it is to walk past smokers and not have the urge or desire to join them. Thank you so much.”~ Shaunna, Insurance adjuster, Tristar Group
*****Editor’s note:** We’ve heard this before and **yes, it does last** for all you pessimists out there. By the way, this works for alcohol and drugs as well.



And you say the APCT is too hard to learn?
Here's two 10 year olds and they're getting it.
Notice the adults in the background. This APCT
was 42 adults, 6 children.

“I am expressing my deepest gratitude for all the transformations that NLP Learning Systems and its staff has helped me attain!
Since I have started NLP, 5 years ago, I have greatly increased my “up time” and decreased my “down time”. Having more “up time” where I am enjoying life is something I am very grateful for.
In my first Advanced Practitioner Certification Training (APCT) future pace skit I had a beautiful wife. A couple years later I met Helene at NLP and after a short time we got married! NLP empowers us to have clear communication. Helene and I use it regularly to recognize problems, and then we move through the problems efficiently.
When Helene and I were taking APCT together, we had a future paced skit in which we had a child. We now have a wonderful daughter, Claire. Helene and Claire have brought far more love into my life than I had previously imagined possible. Claire is 10 months old now!
In Peter Pan, to fly all you need is some pixie dust and happy thoughts. I see, hear and feel the meaning behind this when I hear my daughter and wife laughing, see them smiling, or feel them hugging me. What a fantastic state change!
I've recently entered a new role as a software design lead at PepsiCo. I also have become Mayor of the City of Hackberry. NLP moves me faster in the direction I want to go!
Thank you NLP Learning Systems! Thank you Jan, Tony and Dr. Cheryl! “

~Jeromy Cannon, Mayor Hackberry

“Wow! What a weekend with wonderful opportunities for learning!

I knew learning NLP was opening me up even though I was having difficulty measuring tangible results.

In recent weeks, I've experienced coincidences that cannot be just coincidences. I was encouraged and always surprised at the form of direction. I didn't understand the nature of metaphor.

Today at the Ropes Course, I found powerful resources where I never expected them, or looked. They actually came seeking me out—and I had to accept their gift. There are many implications.

The group feedback session with all the trainers provided much material to learn from. Specifically, the feedback I was given was very helpful. I have to think through, and act on, the implications.

Thank you for showing me how to “change my mind”.

~Sparky Marky

Advanced Practitioner Study Group

NLP Learning Systems Center has an archive of videos of many of the NLP founders. As an adjunct to the monthly **Advanced Practitioner** classes, the center is sponsoring "*NLP Movie Night*" so Practitioner students have an opportunity to see and learn from these "classics".

Practitioner Weekend:

Oct 17-19 Weekend #1
Nov 21-23 Weekend #2
Dec 19-21 Weekend #3

Movie Night at NLP Center:

Monday Oct 27, 7-9pm (8 days after)
Tuesday Dec 2, 7-9pm (9 days after)
Tuesday Dec 30, 7-9pm (9 days after)

These Movie Nights are open to all Practitioner students, past and present. With this group the conversation is always lively, making these evenings both educational and entertaining! So put these dates on your calendar and plan to join us for these curiously fun study groups.

"Quantum" Doug Matzke

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Advanced Subtle Energy Practitioner

There are 5 elements woven in this program:

The Quantum Clearing System™ (QCS): Uses Muscle Testing coupled with energetic clearing and balancing techniques to clear and heal physical, emotional and mental conditions and to install desired life conditions.



Raising Energetic Vibration: Uses QCS techniques, changework, methods and advanced meditations to increase people's ability to process subtle energy, clear old karmic patterns, and raise energetic vibration for themselves and others.

Sensing Subtle Energy: Enhance participant's sensitivity to subtle energy and psychic abilities (intuition, clairvoyance), thus enabling them to perceive energetic information both physically and mentally and to use it to benefit self and others.

Energy Field Cleansing & Maintenance: Methods for cleansing your energetic and physical bodies and also places and spaces of negative energy generated by your own thoughts and emotions, or picked up from other people and the environment.

Protecting Your Energy Field: Methods for shielding and protecting your energetic and physical bodies and also places and spaces from negative energy generated by other people or found in the environment.

"Before this program I was not aware of how much other people and crowds drained me of my energy and health. My peace of mind and health has greatly improved because now I keep my energy field strong and in a healthy balance. I am so grateful to Jan for sharing this system." ~ J. S.

We welcome repeaters—There is a repeat fee of \$150.00 per weekend. This is an exciting weekend of changework & clearing. Make this a part of your everyday life! Your health benefits are worth so much more than your investment.

Call now & register! 972-931-9984

Come Study the Language of Light!



When: Nov. 15-16, 2008

Where: NLP Center

Investment: \$450

Repeaters: \$150



For O'hana Only—Greg "Magick" Bernstein has cancelled the trip to Moloka'i. Jan is taking O'hana to Kaua'i. The dates are Wednesday, Jan 7, 2009, to Wednesday, Jan 14, 2009. This is a wonderful time to create a future pace. Come enjoy the lush beauty of the Garden Isle. Call the office for details. 972-931-9984 A hui ho!



Meditation Class

Be Still and Greet God!

-a class of exploration and discovery -

This eight week class is designed to teach you, or refresh your memory of:

Peace of Mind, Deep Breathing, Mental Focus, Stillness, Total Body Relaxation, Inner Awareness, Visualization, and Working with the Unconscious Mind.

"Experience the colors of the chakra system and how they affect thought patterns, emotions and behavior.

Learn about your Energy System, how it affects those around you and how that comes back to you.

Understand what foods do to your inner world: What works and what doesn't. Learn how to relax and reduce stress. Learn how to develop your intuition and tap into resources for expert decision making.

Especially if you already meditate, this is a great way to learn new techniques."

Plus other surprises custom made for the class as we come together to operate as one unit.

Give yourself and loved ones this gift!

WHEN: 8 Tuesdays 7pm-9:30pm October 7-November 25, 2008

WHERE: NLP Center

INVESTMENT: \$400

Repeaters: FREE Suggested donation \$150

Prepaid: \$360



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| <u>October 2008</u> | <u>November 2008</u> | <u>December 2008</u> |
|--|---|--|
| 2 Level ONE #4 3 Level ONE #1 FREE INTRO to NLP 3-5 Level ONE Weekend 7 Meditation Class #1 9 Level ONE #5 14 Meditation Class #2 16 Level ONE #6 17-19 Advanced Practitioner Certification Training #1 21 Meditation Class #3 23 Treasure Board 24-26 Magic Class #5 28 Meditation Class #4 | 4 Meditation Class #5 6 Level ONE #1 FREE INTRO to NLP 7-9 Master Track Certif. Training 11 Meditation Class #6 13 Level ONE #2 15-16 Advanced Subtle Energy Practitioner #1 18 Meditation Class #7 20 Level ONE #3 21-23 Advanced Practitioner Certification Training #2 25 Meditation Class #8 27 Thanksgiving | 4 Level ONE #4 5-6 12 Hour 11 Level ONE #5 18 Level ONE #6 19-21 Advanced Practitioner Certification Training #3 22 Chanukah 25 Christmas 27-29 Diamonds In Your Mind (Saturday – Monday) |
| <u>January 2009</u> | <u>February 2009</u> | <u>March 2009</u> |
| 8 Treasure Board 10-17 Huna trip to Molokai 16-18 Advanced Practitioner Certification Training #4 22 Level ONE #1 FREE INTRO to NLP 23-25 Magic Class 29 Level ONE #2 30 Level ONE #1 FREE INTRO to NLP 1/30-2/1 Level ONE Weekend | 1/31-2/1 Level ONE Weekend 5 Level ONE #3 7-8 Advanced Subtle Energy Practitioner #2 12 Level ONE #4 13 Level ONE #5 20-22 Advanced Practitioner Certification Training #5 26 Level ONE #6 2/27-3/1 Master Track Certif. Training | 2/27-3/1 Master Track Certif. Training 5 Level ONE #1 FREE INTRO to NLP 6 Level ONE #2 7 Level ONE #3 20-22 Advanced Practitioner Certification Training #6 26 Level ONE #4 27 Level ONE #1 FREE INTRO to NLP 27-29 Level ONE Weekend |

MasterTrack: Diamonds is now part of MasterTrack!

Diamonds in Your Mind– December 27-29, 2008– BE THERE FOR THIS RARE EXPERIENCE!

First time taught by the dark of the moon– plant your seeds for success! What a rare combination of treats we have this time. We hold *Diamonds in Your Mind* as so important we’re teaching it three times in 9 months! December 27-29, 2008. May 23-25, 2009. September 5-7, 2009.

Not only does *Diamonds in Your Mind* now qualify as part of the **MasterTrack Certification Training**, it’s also being taught during the dark of the moon in December 2008. As you may know, the moon has a mighty impact on the tides and human hormones, as well as hospitalizations and childbirths.

Something you might not be aware of is the dark of the moon is considered a time of rest. It is a time to go inside. Winter corresponds to the dark of the moon. In older times, this was a time when people used to be still (indoors), making and mending tools, telling stories to pass on history, instruct and entertain, planning the next planting and year to come.

Come inside. Deepen your ability to be still. Rest. Plan for the next year, the next 5 years, the next ten years, century, millennia...Come join us for this time of inner contemplation, stillness and planning!

WHEN: December 27-29, 2008

Saturday, Sunday, Monday 10am-6pm

WHERE: NLP Center

INVESTMENT: \$600 **Prepaid \$500**

Repeaters: Free Repeat Privileges For Diamonds Graduates, Silva Graduates, or Silva 2000 Graduates



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Introduce your friends, family and others to NLP!

**FREE INTRODUCTORY CLASSES
 with NLP Learning Systems Corporation**

October 3, 2008 Friday, 7 pm–10 pm
 (Note: Weekend class for out-of-towners)

November 6, 2008 Thursday, 7 pm–10 pm

January 22, 2009 Thursday, 7 pm–10 pm

This is where most people start NLP—Level ONE

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Can You Find Them?

Here at **NLP Learning Systems Corporation** the focus of our classes is results. Students come to class because they want something different than what they have: money, sex, power, or stated differently: better jobs, a new house, more interesting relationships, jewelry, a new wardrobe, children, a new car, a vacation... the list is as varied as you can imagine. When you attend a class, you'll find that the *experience* of NLP brings you *what you want* more than any other learning opportunity you've ever had. Sharpening your communication skills is an ongoing routine. Do you match the people in your world? Can you identify their primary channel?

~*For those students who have taken Level ONE: Can you find the primary channel(s) of communication in each of the "What love means" quotes on the **Level ONE** page? (page 4)

~*For those who are signing up to take a Level ONE class: Ever notice how people move their eyes?

Practitioners, can you find the meta-model violations? (Distortions, deletions, and generalizations, etc.- For answers: *Please refer to your manual!*)

Level ONE Answers: Gustatory/Kinesthetic, Olfactory/Kinesthetic, Visual/Auditory digital, Kinesthetic, Auditory/Kinesthetic, Kinesthetic, Auditory/Auditory digital, Kinesthetic, Auditory.



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